# PACKAGING, LABELING AND SHIPPING INFECTIOUS SUBSTANCES

### **INFECTIOUS SUBSTANCES**

Federal and international regulations classify substances known or reasonably expected to cause infectious disease in humans or animals, and the materials or vectors that contain them, as "infectious substances" or "etiologic agents." The international term "infectious substances" has replaced "etiologic agent" in Department of Transportation (DOT) and Public Health Service (PHS) regulations. However, "etiologic agent" is still used in older regulations such as PHS 42 CFR part 71 and the United States Postal Service 39 CFR part 111.

#### REGULATIONS

Federal and international regulations applicable to the shipment of infectious substances are listed in Appendix 1. The International Air Transport Association (IATA) Dangerous Goods Regulations apply to shipment of infectious substances via international and domestic air transportation. PHS 42 CFR Part 72, DOT 49 Parts 171-180, and United States Postal Service (USPS) regulations apply to domestic transportation by land, air, sea and rail. Currently, IATA has the most stringent requirements for transportation of infectious substances. Additional requirements for the importation of infectious substances from foreign countries are covered in 42 CFR Part 71.54.

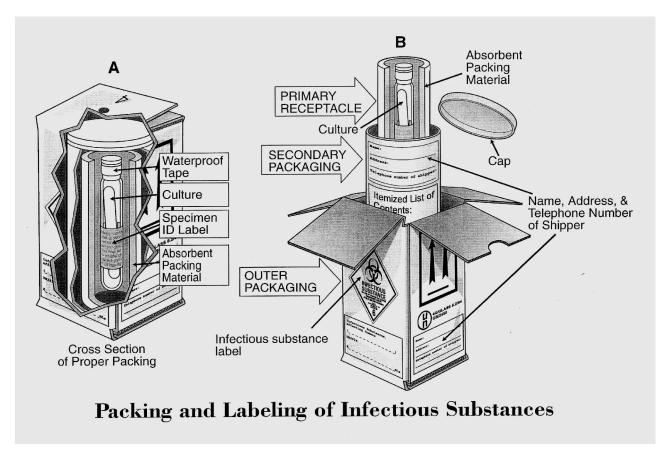
It is the responsibility of the shipper to ensure correct identification, classification, packaging, labeling, marking and documentation for all shipments of infectious substances. In addition, the shipper must make advance arrangements with the recipient (consignee) and operator (carrier), including acquisition of any permits for the importation of infectious substances from foreign countries. Failure to comply with federal and international regulations can result in refusal of the shipment by the airline, penalties of fines, jail, or both. Hand carriage of infectious substances by air is strictly prohibited by law.

#### **PACKAGING**

### 1. General

Proper packaging includes the classification, identification, packing, marking, labeling, and documentation of materials for shipment. Infectious substances must be packed according to specific instructions and specifications and the packaging material must be certified to meet rigorous performance tests as outlined in the DOT, USPS, PHS, and IATA regulations. As stated in the PHS regulation 42 CFR Part 72, such material must be "packaged to withstand leakage of contents, shocks, pressure changes and other conditions incident to ordinary handling in transportation." Figure 1 depicts the principle of triple packaging (primary receptacle, water tight secondary packaging, durable outer packaging) upon which all regulations are built.

Figure 1. Packing and Labeling of Infectious Substances



- **1.1 Primary Receptacle.** The primary receptacle contains the infectious substance and must be watertight to prevent leakage. Primary receptacles include those of glass, metal, or plastic and include screw-cap tubes, flame-sealed glass ampules, or rubber-stopped glass vials fitted with metal seals. Positive means of ensuring a leakproof seal, such as a heat seal, skirted stopper, or metal crimp seal must be provided. Screw caps may be fastened with tape, shrink seals, or other comparable material. Although glass is allowed, it is preferable to use plastic primary receptacles if possible.
- **1.2 Secondary Packaging.** One or more primary receptacles are placed in a watertight secondary packaging. The primary receptacle or the secondary packaging must withstand ,without leakage, an internal pressure differential and temperature range as described in the United Nations (UN) packaging specifications and performance tests. The secondary packaging should also bear a label with the name, address, and telephone number of the shipper.
- **1.3 Absorbent Material.** Absorbent material must be placed between the primary receptacle and secondary packaging. Multiple primary receptacles must be

individually wrapped to prevent contact between them. The absorbent material must be sufficient to absorb the entire contents of the primary container(s).

- **1.4 Itemized List.** IATA, DOT and PHS require that an itemized list of contents must be enclosed between the secondary packaging and the outer packaging.
- **1.5 Outer Packaging.** An outer packaging must be of adequate strength for its capacity, mass, and intended use, and must be capable of meeting specific UN performance tests. Packaging that is certified to meet the test standards must be marked with a UN specification mark.

#### 2. Classification

All hazardous materials are classified into 9 classes of Dangerous Goods. Infectious Substances belong to Class 6, Division 6.2. Dry ice is a Dangerous Good when shipped by air, and if packaged with an infectious substance, it must be declared as Class 9.

#### 3. Identification

Infectious substances are assigned a "proper shipping name" and a unique 4-digit UN number to identify the substance being shipped. This information is included on the Shipper's Declaration for Dangerous Goods and the outer package. For infectious substances, UN 2814 is used for "Infectious substance, affecting humans", and UN 2900 refers to "Infectious substance, affecting animals." The technical name of the infectious substance must also be included if known.

**3.1 Quantity Limitations.** When transported by passenger airline, DOT and IATA limit the quantity per package to 50 ml or 50 g. When transported by cargo airline, IATA limits the quantity per package to 4 liters or 4 kg.

## 4. Certified Packaging and Packing Instructions

If the infectious substance is transported by air, IATA regulations require a UN specification mark on the outer shipping packaging. The mark includes the United Nations packaging symbol, the type of packaging, the hazard class (6.2), the year of manufacture of the packaging, the authorizing agency and the manufacturer. Each package must be capable of passing the rigorous performance tests specified in IATA Dangerous Goods Regulations for Class 6.2 and DOT 49 CFR Part 178.609. Because performance testing is normally beyond the scope of shippers, it is strongly recommended that certified containers purchased from commercial suppliers be used, regardless of the mode of transportation.

Instructions for packing infectious substances are designated in UN Packing Instruction 602 listed in the IATA Dangerous Goods Regulations and DOT 49 CFR Part 173.196. These packing instructions also specify other requirements and limitations.

- **4.1 Size.** Packages consigned as freight must be at least 100 mm (4 in) in the smallest overall external dimension. Thus, the outer packaging must be of sufficient size to bear the required markings and labels.
  - **4.2 Ice and Dry Ice.** Ice or dry ice must be placed outside the secondary

packaging. Interior supports must be provided to secure the secondary packaging in the original position after the ice or dry ice has dissipated. If ice is used, the packaging must be leakproof. If dry ice is used, the outer packaging must permit the release of carbon dioxide gas. Dry ice is packed according to UN Packing Instruction 904 listed in the IATA Dangerous Goods Regulations.

- **4.3 Liquid Nitrogen.** Special arrangements must be made with the carrier in advance to ensure the safe transport of liquid nitrogen. Plastic primary receptacles and secondary packaging capable of withstanding very low temperatures must be used, and special labels are required on the outer container (see Labeling below).
- **4.4 Overpacks**. Overpacks are used to combine several triple packages into one outer unit. Each triple package inside the overpack must be properly labeled and marked and the outside of the overpack must be marked with the statement "Inner Packages Comply with Prescribed Specifications."

# 5. Marking and Labeling

Each package of infectious substances must be marked on the outside of the shipping container with the following:

- a) The proper shipping name, technical name and corresponding UN Number.
- b) 24-Hour Emergency Response Number. Both DOT and IATA require that this number appear on the outer shipping package and the shipping document and to be used whenever there is a spill or accident involving the shipment of an infectious substance. This number must be that of a person who is knowledgeable of the material being shipped and has emergency response and incident mitigation information. This number should not be confused with the CDC number for reporting damaged or leaking packages.
  - c) The full name and address of the shipper and the consignee.
  - d) For dry ice, the net weight of the dry ice within the package.

The outer packaging must be of sufficient size to accommodate all labels placed on a single surface. Labels must not overlap. Labels required on the outside of the shipping container include:

- a) Class 6, Division 6.2 "Infectious Substance" label. This diamond-shaped label should contain the telephone number of the CDC in Atlanta to which damaged or leaking packages should be reported.
- b) Class 9 "Miscellaneous Dangerous Goods" label. This diamond-shaped label is used for dry ice.
- c) "Package Orientation (This Way Up)" labels. Two package orientation labels are affixed on opposite sides of the package.
- d) If liquid nitrogen is used, 2 labels are required: Division 2.2 "Non-flammable, non-toxic gas" and the "Cryogenic Liquid" handling label.
  - e) For USPS shipments, a biohazard label is required.
- f) The Shipper's Declaration for Dangerous Goods document should be attached to the outside of the outer packaging
  - g) A current U.S. Public Health Service import permit label for infectious

substances imported from outside the United States.

h) "Cargo Aircraft Only" label for shipments that exceed the maximum quantity specified for passenger aircraft.

#### 6. Documentation

Packages containing infectious substances that are transported by air must contain a "Shipper's Declaration for Dangerous Goods" form. This legal document must be fully and accurately completed by the shipper. Incomplete, ineligible or inaccurate documents will result in refusal of the package by the carrier.

- **6.1 Confirmation of Receipt.** According to 42 CFR part 72.3(f), certain agents may only be transferred via registered mail or an equivalent system, which requires notification of receipt to the sender immediately upon delivery. If the package is not received within 5 days, the shipper should notify the CDC.
- **6.2 Air Waybill.** The shipper may or may not be required to fill out the air waybill for shipments by air.

## 7. Training

IATA and DOT require specific training of everyone directly involved in the shipping of dangerous goods. It is the responsibility of the employer to ensure that employees shipping dangerous goods are trained. IATA requires training and recertification every 2 years, or DOT requires training and recertification every 3 years.

### **OTHER CONSIDERATIONS**

# Importation of Etiologic Agents of Human Disease

42 CFR Part 71 Foreign Quarantine. Part 71.54 Etiologic Agents, Hosts and Vectors. This regulation requires an import permit from the Centers for Disease Control and Prevention for importing etiologic agents of human disease and any materials, including live animals or insects, that may contain them. An application and information on importation permits may be obtained by calling 1-888-CDC-FAXX and enter document number 101000 or on the Internet at:

http://www.cdc.gov/od/ohs/biosfty/imprtper.htm

Importation of Etiologic Agents of Livestock, Poultry and Other Animal Diseases 9 CFR Parts 92, 94, 95 96, 122 and 130. These regulations requires an import permit from the United States Department of Agriculture (USDA), Animal and Plant Health Inspection Service (APHIS), Veterinary Services to import or domestically transfer etiologic agents of livestock, poultry, other animals, and any materials that might contain these etiologic agents. Information may be obtained at (301) 734-3277, or from the Internet at:

http://aphisweb.aphis.usda.gov/

Importation and Exportation of Endangered Species of Animals and Plants
The U.S. Department of the Interior, U.S. Fish and Wildlife Service, Convention on
International Trade in Endangered Species (CITES) protects many species of animals

and plants to ensure that commercial demand does not threaten their survival in the wild. The Office of Management Authority administers CITES in the U.S. and processes applications for permits. Live animal shipments must meet the IATA Live Animal Regulations or the CITES guidelines for transport. In addition, the import of live mammals and birds must meet the humane shipment regulations in 50 CFR Part 14. For more information, contact Office of Management Authority, United States Fish and Wildlife Service at 1-800-358-2104 or on the internet at:

http://www.fws.gov/r9dia/

## **Transfer of Select Biological Agents of Human Disease**

42 CFR Part 72.6 Additional Requirements for Facilities Transferring or Receiving Select Agents. Facilities transferring or receiving select agents must be registered with the CDC and each transfer of a select agent must be documented. Information may be obtained by calling 404-639-4418 or through the Internet at:

http://www.cdc.gov/od/ohs/Irsat.htm

**Export of Etiologic Agents of Humans, Animals, Plants and Related Materials** *Department of Commerce. 15 CFR Parts 730 to 799.* This regulation requires that exporters of a wide variety of etiologic agents of human, plant and animal diseases, including genetic material will require an export license. Information may be obtained by calling the DOC Bureau of Export Administration at 202-482-4811 or through the Internet at:

http://bxa.fedworld.gov, or http://www.bxa.doc.gov

# **Damaged or Leaking Packages**

If damage or leakage to a package containing infectious substances is discovered, avoid further handling of the package or keep handling to a minimum, and notify the shipper, consignee and the CDC (800-232-0124).

#### INFORMATION SOURCES

This document is for guidance purposes only. Information sources on regulations applying to the interstate and international transportation of infectious substances are shown in Appendix 1. Appendix 2 contains a partial list of manufacturers and suppliers of shipping materials and Appendix 3 lists some suppliers of Dangerous Goods Shipper's Declaration forms and labels.

# Appendix 1. INFORMATION SOURCES FOR REGULATIONS ON THE TRANSPORTATION OF INFECTIOUS SUBSTANCES

**Public Health Service 42 CFR Part 72. Interstate Transportation of Etiologic Agents.** This regulation is in revision to harmonize it with the other U.S. and international regulations. A copy of the current regulation may be obtained from the Internet at:

http://www.cdc.gov/od/ohs/biosfty/shipregs.htm

# Department of Transportation. 49 CFR Parts 171-180. Hazardous Materials Regulations.

Applies to the shipment of both biological agents and clinical specimens. Information may be obtained from the Internet at:

http://hazmat.dot.gov/rules.htm

*United States Postal Service. 39 CFR Part 111. Mailability of Etiologic Agents.*Codified in the Domestic Mail Manual 124.38: Etiologic Agent Preparations. A copy of the Domestic Mail Manual may be obtained from the Government Printing Office by calling 1-202-512-1800 or from the Internet at:

http://www.access.gpo.gov

Occupational Health and Safety Administration (OSHA). 29 CFR Part 1910.1030. Occupational Exposure to Bloodborne Pathogens. Provides minimal packaging and labeling requirements for transport of blood and body fluids within the laboratory and outside of it. Information may be obtained from your local OSHA office or from the Internet:

http://www.osha.gov

*Clata.* These regulations (*DGR*). International Air Transport Association (*IATA*). These regulations provide packaging and labeling requirements for infectious substances and materials, as well as clinical specimens that have a low probability of containing an infectious substance. These are the regulations followed by the airlines. These regulations are derived from the Committee of Experts on the Transport of Dangerous Goods, United Nations Secretariat, and the Technical Instructions for the Transport of Dangerous Goods by air which is provided by the International Civil Aviation Organization (ICAO). For assistance with the requirements of the regulation, call the IATA DG hotline at 514-390-6770. A copy of the DGR may be obtained by calling 1-800-716-6326 or through the Internet at:

http://www.iata.org/cargo/dg/

Guidelines for the Safe Transport of Infectious Substances and Diagnostic Specimens. World Health Organization, 1997.

http://www.who.int/emc/biosafety.html

# Appendix 2. MANUFACTURERS OF UNITED NATIONS CERTIFIED SHIPPING CONTAINERS FOR 6.2 INFECTIOUS SUBSTANCES

Action Pak, Inc. 2550 Pearl Buck Road Bristol, PA 19007

Phone: 800-755-9764 FAX: 215-788-1760

Web: www.actionpakinc.com

Air Sea Atlanta 1234 Logan Circle Atlanta, GA 30318 Phone: 404-351-8600 FAX: 404-364-4005

Web: <a href="http://www.airseaatlanta.com">http://www.airseaatlanta.com</a>

Air Sea Containers, Inc. 2749 NW. 82<sup>nd</sup> Avenue Miami, FL 33122

Phone: 888-272-9883 FAX: 305-599-1668

Web: http://www.airseacontainers.com

All-Pak, Inc. Corporate One West 1195 Washington Pike Bridgeville, PA 15017-2854

Phone: 800-245-2283 FAX: 412-257-3001

Web: <a href="http://www.allpakinc.com">http://www.allpakinc.com</a>

Casing Corporation P.O. Box 820369 Dallas, TX 75382-0369

Phone: 800-358-6866 FAX: 214-320-1682

Web: <a href="http://www.casingcorp.com">http://www.casingcorp.com</a>

Cin-Made Corporation 1780 Dreman Avenue Cincinnati, OH 45223 Phone: 513-681-3600 Web: www.cin-made.com The Compliance Center, Inc. 2150 Liberty Drive Niagara Falls, NY 14304

Phone: 800-767-7231

Cargo Pak Corporation 306-A White Street South Wake Forest, NC 27587 Phone: 800-266-0652

FAX: 919-554-9055

Web: http://www.cargopak.com

DG Supplies, Inc. 28 C Industrial Drive Hamilton, NJ 08619 Phone: 800-347-7879 FAX: 609-860-0285

Web: www.dgsupplies.com

Environmental Packaging Systems, Ltd 1 Research Drive Dartmouth, N.S., Canada B2y 4M9

Phone: 800-277-8675 FAX: 902-466-6889

EXAKT Technologies, Inc. 7416 North Broadway Extension, Suite E Oklahoma City, OK 73116

Phone: 800-866-7172 FAX: 405-848-7701

Web: www.exaktpak.com

Federal Industries Corp. 2550 Niagara Lane Plymouth, MN 55447 Phone: 800-523-9033 FAX: 612-476-8155

Web: www.chem-tran.com

HAZMATPAC, INC. 5301 Polk Avenue, Bldg 18 Houston, TX 77023 Phone: 800-923-9123 FAX: 713-923-1111

Web: <a href="http://www.hazmatpac.com">http://www.hazmatpac.com</a>

Inmark, Inc.

220 Fisk Drive, S.W. Atlanta, GA 30336

Phone: 404-267-2020; 800-646-6275 (OUTSIDE GEORGIA)

FAX: 404-349-5249

Web: <a href="http://www.inmarkinc.com">http://www.inmarkinc.com</a>

Nalge Nunc International 75 Panorama Creek Drive P.O. Box 20365 Rochester, NY 14625

Phone: 716-586-8800 FAX: 716-586-8987

Web: www.nalgenunc.com

O'Berk International, Inc.

3 Milltown Court P.O. BOX 1690 Union, NJ 07083 Phone: 800-577-7

Phone: 800-577-7624 FAX: 908-687-5157

Web: http://www.aluminiumbottles.com

Polyfoam Packers Corporation

2320 Foster Avenue Wheeling, IL 60090-6572 Phone: 800-323-7442 FAX: 847-398-0653

Web: http://www.polyfoam.com

SAF-T-PAK, Inc.

101, 17872 - 106 Avenue

Edmonton, Alberta, Canada T5S 1V4

Phone: 800-841-7484 FAX: 403-486-0235

Web: http://www.saftpak.com

Sage Products, Inc. 815 Tek Drive

P.O. Box 9693

Crystal Lake, IL 60039-9693

Phone: 815-455-4700 FAX: 815-455-3310

Web: http://www.sageproducts.com

Source Packaging Of New England, Inc. 405 F Kilvert Street
Warwick, RI 02866

Phone: 800-200-0366 FAX: 401-738-7762

Web: <a href="http://www.sourcepak.com">http://www.sourcepak.com</a>

# Appendix 3. MANUFACTURERS OF LABELS FOR SHIPPING OF INFECTIOUS SUBSTANCES

Label Master 5724 North Pulaski Chicago, IL 660646 Phone: (800) 621-5808 FAX: (800) 723-4357

Shamrock, Inc. 34 Davis Drive Bellwood, IL 60104 Phone: (800) 323-0249 FAX: (800) 248-1907

United Ad Label Company, Inc. P.O. Box 2216 Brea, CA 92622-2216 Phone: (800)423-4643 FAX: (800) 962-0658